

Evaluation of Performance and Immunomodulation in *Eimeria* spp and *Clostridium perfringens*-Challenged Broilers Administered Intermittently an *Echinacea*-Based Preparation

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ABSTRACT

Aim

To study the impact of intermittent administration of an Echinacea-based preparation (EBP) in broilers on performance and immunomodulation against a multivalent challenge by four species of *Eimeria* and *C. Perfringens*.

Methods and Results

A total of 60 day-old Cobb birds were divided into three treatments, with 20 birds per each. Birds of Treatment 1 were administered the EBP intermittently at the ages of 1-3, 8-10, 15-17, and 22-24 days, standardized at 0.44 mg alkamides/liter of drinking water, while deprived of challenge. Birds of Treatment 2 were similarly treated with EBP, followed by an intra-esophageal challenge at 28 d of age with four *Eimeria* spp and 10⁶ cfu of *C. perfringens*/ml/bird. Birds

of Treatment 3 were deprived of EBP treatment and administered the same challenge at 28 d of age. Results showed that birds of Treatment 2, and at the end of the first life cycle of *Eimeria* (34 days of age) had higher average weight gain, lower means of oocyst count and intestinal lesion score, a reduction in transcribed IL-8 chemokine produced by the Intraepithelial lymphocytes (IEL) of the duodenum ($p < 0.05$), ileum ($p < 0.05$), and cecum ($p > 0.05$), associated with higher serum nitrite at challenge age (28 d.), compared to birds of Treatment 3.

Conclusions

The EBP-treatment was able to improve the weight gain during the incubation period of the challenge, reducing the multiplication of oocysts and associated lesion score, and increasing the plasma nitrite, while reducing the IL-8 generated by intestinal IEL.

Significance and Impact of Study

This study provides a data that will pave

the way for future transformation in poultry practices towards the use of immunopotentiators in control of economic poultry coccidiosis, in attempts to comply with the customers demand for safe poultry products that are devoid of synthetic coccidiostat residues.

INTRODUCTION

Coccidiosis is the most important protozoan disease affecting the poultry industry worldwide, resulting in an annual loss of more than 4 billion US dollars.^{1,2} Eighty percent of the losses are due to mortality, reduced weight, and inefficient feed conversion in broilers.³ The continuous use of coccidiostats in feed resulted in the emergence of drug-resistant strains of *Eimeria* spp.⁴ Furthermore, there is an increased concern of consumers about synthetic coccidiostat residues in the poultry products due to their negative effect on human health.⁵ This triggered the need for alternative control of avian coccidiosis by different approaches that are compiled in a review article by Huyghebaert and coworkers in 2011, including the approach of immunopotentiality by natural products.⁶⁻⁸

In addition, poultry coccidiosis is proved to enhance a secondary infection by *Clostridium perfringens*, the cause of necrotic enteritis (NE), requiring the supplementation of feed by antimicrobials.^{9,10}

NE is controlled by antimicrobial Growth Promoters (AGPs) such as bacitracin, avoparcin, avilamycin, and some ionophores, such as narasin and monensin.¹¹⁻¹⁴ However, the role of AGPs in the emergence of antimicrobial resistance in human zoonotic organisms has been documented,¹⁵⁻¹⁷ and consequently, the European Union decided to ban them, effective January 1, 2006.¹⁸ Unfortunately, the banning of AGPs in chickens increased the frequency of coccidiosis and clostridial infections,¹⁹ and urged for the need of investing in research related to alternative products against prevalent economic diseases in poultry.^{6,7,20-22}

Certain active ingredients of the Echinacea plant are known to activate the innate

immune response through macrophage activation in mice and rats,^{23,24} the modulation of the macrophage-derived cytokine, and the activation of the polymorphonuclear leukocytes and natural killer cells by Echinacea ingredients were also documented in mice and humans,^{25,26} and further confirmation of their immunopotentiating effects were reported.^{27,28}

The first documented attempt²⁹ was able to establish the dose of Echinacea pupurea roots in broilers' feed that resulted in the induction of immunopotentiality, manifested by reduction of immunosuppression due to Infectious Bursal Disease, and in lowering the infectivity by *Salmonella* Enteritidis. There are a few reports on the use of Echinacea in horses,³⁰ swine,³¹ cattle,³² and another two documentations in poultry.^{33,34}

Allen in 2003 studied the effect of Echinacea purpurea (EP) ground root-inclusion in poultry feed on immunity and protection against coccidiosis. The inclusion rate of the root in feed was similar to that established previously by Barbour et al in the year 2000.²⁹ The birds' weight gain before challenge with *Eimeria* spp, the causative protozoa of coccidiosis, were improved by the EP treatment compared to that in birds treated with the live Immunocox® vaccine alone. In addition, the EP was able to protect the challenged broilers at an age of 28 days against weight gain suppression and development of gross lesions.

The purpose of this research is to study the impact of intermittent administration of Echinacea Based Preparation (EBP) in drinking water of broilers, at ages of 1-3, 8-10, 15-17, and 22-24 days, on performance and immunomodulation against a multivalent challenge at 28 d with viable oocysts of four *Eimeria* spp. and *C. perfringens*.

MATERIALS AND METHODS

Experimental Design

A total of 60 day-old Cobb birds were divided into three treatments, with 20 birds per each treatment. Birds of Treatment 1 were administered the EBP in drinking water,

and deprived of challenge. The standardized EBP administration was based on its major ingredient, namely the providing of 0.44 mg alkamides/liter of drinking water. The intermittent treatment with EBP in drinking water was at the ages of 1-3, 8-10, 15-17, and 22-24 days.

Birds of Treatment 2 were administered the EBP at the same intermittent intervals, followed by an intra-esophageal challenge with four *Eimeria* spp at 28 d, namely, *Eimeria acervulina* (7.5×10^4), *Eimeria tenella* (7.5×10^4), *Eimeria maxima* (7.5×10^4), and *Eimeria necatrix* (1.5×10^4), and with a viable count of *C. perfringens* equivalent to 10^6 /ml/bird.

Birds of Treatment 3 were deprived of EBP treatment and administered the same challenge at 28 d of age. It is worth noting that the management and handling of birds was performed according to the Institutional Animal Care and Use Committee regulations at the American University of Beirut.

Performance Parameter

The performance parameter included the weight gain. The birds in the different treatments were weighed individually at 28 d (age at challenge) and at 34 d (6 days post challenge, the age at which the first *Eimeria* life cycle ended).

Protection Parameters

The protection parameters included the recording of the lesion scores and the oocyst counts in the four intestinal organs of each bird. Birds of all treatments were sacrificed at the age of 34 days (6 days post challenge) and the lesion scores were recorded in the duodenum, jejunum, ileum and cecum. The score ranged between 0 (no gross lesions), 1 (mild inflammation), 2 (moderate inflammation) and 3 (severe inflammation). The average oocyst counts of *Eimeria* spp in each of the four intestinal organs was determined by a previously documented protocol.^{35,36} In parallel, part of each of the four intestinal organs was collected for recovery of the intestinal Intraepithelial Lymphocytes (IEL), aiming at quantification of transcribed genes of specific cytokines and chemokines,

as described under the below ‘immunomodulation’ section.

Immunomodulation Parameters

The immunomodulation parameters included the Plasma Nitrite and cytokines produced by the Intraepithelial lymphocytes (IEL) of the 4 intestinal organs.

Plasma Nitrite

Blood samples were taken from birds of each of the three treatments at the ages of 28 and 34 days, and their plasma were collected for quantitation of the NO₂-level, according to the documented method of Allen & Teasdale, 1994.³⁷ This parameter helps in evaluation of the immunomodulation of phagocytosis, which relates to their immune injuries and consequently to the development of intestinal lesions. The analysis was performed according to the manufacturer instructions of the “Griess Reagent Kit” (Invitrogen Molecular Probes Co., Eugene, Oregon, USA).

Cytokines of the intestinal IEL

Other modulation parameters were assessed by q-PCR for transcribed cytokines genes produced by the intestinal Intraepithelial lymphocytes (IEL), namely, the IL-6, IL-12, IL-15, and IL-8. The Glyceraldehyde 3-phosphate dehydrogenase (GADPH) gene was included as a reference Housekeeping gene. Briefly, the IELs of each of the four intestinal organs were purified on a discontinuous Percoll Density Gradient,³⁸ adjusted to a count of 1.5×10^6 cells/ml, and their RNA were extracted by TRIzol (Sigma, St. Louis, MO). Reverse transcription was performed by an Avian Reverse Transcriptase (Sigma, St. Louis, MO). The real time q-PCR was optimized for each Interleukin and for the HouseKeeping gene (GAPDH), using forward and reverse oligonucleotide primers sequences, and optimized cycling conditions were presented in Tables 1 and 2, respectively. The real time q-PCR included the SYBR® Green JumpStart™TaqReady-Mix™ (Sigma, St. Louis, MO), and the amplification was accomplished by the C1000 Torch Thermocycler (BioRad, 2000 Alfred Nobel Drive, Hercules, CA). The $2^{-\Delta\Delta Ct}$

Table 1. Sequence of the oligonucleotide primers used in Real-time q-PCR

RNA target	Primer sequences		Size of PCR product (bp)
	Forward	Reverse	
GAPDH ¹	5'GGTGGTGCTAAGCGTGTAT3'	5'ACCTCTGTCACTCTCCACA3'	264
IL-6	5'CAAGGTGACGGAGGAGGAC3'	5'TGGCGAGGAGGAGGGATTCT3'	254
IL-8	5'GGCTTGCTAGGGGAAATGA3'	5'AGCTGACTCTGACTAGGAAACTGT3'	200
IL-12	5'AGACTCCAATGGGCAAATGA3'	5'CTCTTCGGCAAATGGACAGT3'	274
IL-15	5'TCTGTCTTCTGTCTGAGTGATG3'	5'AGTGATTGCTTCTGTCTTTGGTA3'	243

¹GAPDH is the housekeeping gene Glyceraldehyde 3- phosphate dehydrogenase.

method was adopted in analysis of the relative changes in gene expression.^{39,40}

Statistics

The means of the above defined production and immunomodulation parameters were compared among the treatments by Analysis Of Variance (ANOVA), followed by Tukey's test, and the reporting of significant differences among the means was at a P value of < 0.05.

RESULTS

Performance

The performance in weight gain during the 6 days of Eimeria spp and C perfringens incubation in the differently treated broilers is shown in Table 3. The control birds in Treatment 1, administered intermittently the EBP and deprived of challenge, had the highest weight gain of 527g. Birds of Treatment 2, EBP-treated and challenged, had more average weight gain of 460.6 g compared to the average weight gain obtained by birds

of Treatment 3 (415 g), that were similarly challenged but deprived of EBP.

Protection

The data related to protection by EBP, against the multiplication of the challenging Eimeria-oocysts in the four intestinal organs of differently treated broilers, is shown in Table 4. The controls in Treatment 1 had no oocyst counts in their intestinal organs, reflecting the proper isolation standards followed in this experiment. The mean oocyst counts in the four organs of the intestine were consistently lower in the EBP-treated and challenged birds of Treatment 2 compared to that of the birds that were similarly challenged, but deprived of EBP (Treatment 3). This reduction in intestinal oocysts of broilers in Treatment 2 could be the reason behind having better weight gain, compared to that of birds in Treatment 3 that were deprived of EBP, but similarly challenged. The lower multiplication of oocysts in birds of Treatment 2 was associated generally

with lower means of lesion scores compared to birds of Treatment 3 (Table 5).

Immuno-modulation Parameters

The assessed immunomodulation parameters included the plasma nitrite and IEL-cytokines.

Table 2. Optimized cycling conditions of the Real-time q-PCR for the amplification of GAPDH and target genes of four interleukins

RNA target	Cycling conditions
GAPDH	95°C for 3 min, and 40 cycles of 95°C for 10s, 55°C for 30s
IL-6	95°C for 3 min, and 40 cycles of 95°C for 10s, 59.8°C for 30s
IL-8	95°C for 3 min, and 40 cycles of 95°C for 10s, 57.9°C for 30s
IL-12	95°C for 3 min, and 40 cycles of 95°C for 10s, 59.3°C for 30s
IL-15	95°C for 3 min, and 40 cycles of 95°C for 10s, 57.6°C for 30s

¹GAPDH is the housekeeping gene Glyceraldehyde 3- phosphate dehydrogenase

Table 3. Weight gain during the 6 days of *Eimeria* spp. and *C. perfringens* incubation in the differently treated broilers

Treatments	EBP ¹	Challenge ²	Weight gain between 28-34d. of age (g)
1	+	-	527.5
2	+	+	460.6
3	-	+	415.0

¹Treatment with Echinacea-based preparation (EBP) at the following intermittent intervals of 1-3, 8-10, 15-17, and 22-24 days of age

²Multivalent challenge at 28d. of age with four *Eimeria* spp. and *C. perfringens*

Plasma Nitrite

The plasma nitrite level in micro-molar at 28 d (age at challenge) and 34 days (end of the first life cycle of *Eimeria*) is shown in Table 6. Birds of Treatments 1 and 2 received a similar intermittent treatment by EBP in water before testing the nitrite in their blood at 28 d of age. However, birds of Treatment 3 were deprived of this treatment. This resulted in similar respective mean nitrite level at 28 d of age in birds of Treatments 1 and 2, namely, 6.3 and 6.6 μ molar, that were almost double the mean plasma level in birds of Treatment 3 that were deprived of EBP. The cessation of EBP-treatment at the age of 24 days led to decay of nitrite in the plasma of birds at day 34, with an apparent significant decline shown in birds of Treatment 2 ($p < 0.05$).

Cytokines

The pro-inflammatory mean level of transcribed IL-8 in the Intraepithelial Lymphocytes (IEL) of each of the four intestinal organs, at the end of the 6 d- period of incubation of the multivalent challenge in broilers is shown in Table 7. There was a

consistent down regulation by EBP treatment of the IL-8 transcription by the IEL of three out of four intestinal organs in broilers of Treatment 2 compared to the EBP-deprived broilers of Treatment 3, namely, in the duodenum, ileum, and cecum.

On the contrary, there was a high Jejunal IL-8 transcription in birds of Treatment 2 compared to those of Treatment 3, which was associated with low means of oocyst count and lesion score in the Jejunum of Treatment 2-birds compared to that in birds of Treatment 3 (Tables 4 and 5). The transcription of IL-6, IL-12, and IL-15, in relation to normalization by the control birds of treatment 1, was not detectable by the q-PCR system that was applied on the IEL of the chicken intestinal organs.

DISCUSSION

Production

The improvement in production of the birds by the EBP in the face of the multivalent challenge by four *Eimeria* spp and the high viable count of *C. perfringens* is most likely due to the documented enhancement of

Table 4. Mean Oocyst counts in four organs of each bird at the end of 6 days of incubation period following challenge with *Eimeria* spp. and *C. perfringens*

Treatments	EBP ¹	Challenge ²	Mean oocyst count/gram of intestinal organ			
			Duodenum	Jejunum	Ileum	Cecum
1	+	-	0.00	0.00	0.00	0.00
2	+	+	3.40 x 10 ⁴	6.1 x 10 ⁵	0.50 x 10 ⁴	5.10 x 10 ⁴
3	-	+	6.60 x 10 ⁴	6.7 x 10 ⁵	1.13 x 10 ⁵	8.60 x 10 ⁴

¹Intermittent treatment with Echinacea-Based Preparation (EBP) at the following ages of 1-3, 8-10, 15-17, and 22-24 d.

²Multivalent challenge at 28d. of age with four *Eimeria* spp. and *C. perfringens*

Table 5. A trend in reduction of intestinal lesion score by intermittent administration of EBP to broilers challenged with *Eimeria* spp. and *C. perfringens*

Treatments	EBP ¹	Challenge ²	Mean oocyst count/gram of intestinal organ			
			Duodenum	Jejunum	Ileum	Cecum
1	+	-	1.0 ^a	0.6 ^a	0.1 ^a	0.0 ^a
2	+	+	1.0 ^a	1.4 ^b	0.8 ^b	0.6 ^b
3	-	+	1.0 ^a	1.9 ^b	1.1 ^b	0.9 ^b

¹Evaluation of lesions based on score of 0 to 3

²Intermittent treatment with Echinacea-Based Preparation (EBP) at the following ages of 1-3, 8-10, 15-17, and 22-24 d.

³Multivalent challenge at 28d. of age with four *Eimeria* spp. and *C. perfringens*

^{a,b}Means in a column followed by different alphabet superscripts are significantly different ($p < 0.05$)

Table 6. Plasma Nitrite level (μM) at challenge time and at the end of 6 days-incubation period

Treatments	EBP ¹	Challenge ²	Mean Nitrite level (μM) at age (d.)		
			28	34	Difference between Nitrite level at 34 and 28d of age
1	+	-	6.3 ^{a,3}	0.6 ^{a,3}	5.7
2	+	+	6.6 ^{a,3}	1.6 ^{a,4}	5.0
3	-	+	3.7 ^{a,3}	2.0 ^{a,3}	1.7

¹Intermittent treatment with Echinacea-Based Preparation (EBP) at the following ages of 1-3, 8-10, 15-17, and 22-24 d.

²Multivalent challenge at 28d. of age with four *Eimeria* spp. and *C. perfringens*

^{a,b}Means in a column followed by same Alphabetic superscript are insignificantly different ($p > 0.05$)

^{3,4}Means in a row, followed by different Arabic numerical superscripts, are significantly different ($p < 0.05$)

Table 7. Pro-inflammatory IL-8 levels produced by intraepithelial lymphocytes (IEL) of each of the four intestinal organs at the end of 6 days of incubation period following challenge with *Eimeria* spp. and *C. perfringens*

Treatments	EBP ²	Challenge ³	Normalized ¹ means of IL-8 relative to means of controls in Treatment 1			
			Duodenum	Jejunum	Ileum	Cecum
2	+	+	0.2 ^a	(8.3x10 ¹¹) ^a	3.1 ^a	0.17 ^a
3	-	+	(1.3x10 ³) ^b	(2.6x10 ²) ^a	(4.5x10) ^b	(1.1x10 ³) ^a

¹Normalized amount of IL-8 = $2 - \Delta\Delta\text{Ct}$, where $\Delta\Delta\text{Ct} = (\text{Ct of target (IL-8)} - \text{Ct of GAPDH})\text{Treatment} - (\text{Average Ct of target (IL-8)} - \text{Average Ct of GAPDH})\text{Control Treatment 1}$.

²Intermittent treatment with Echinacea-Based Preparation (EBP) at the following ages of 1-3, 8-10, 15-17, and 22-24 d.

³Multivalent challenge at 28d. of age with four *Eimeria* spp. and *C. perfringens*

^{a,b}Means in a column followed by different alphabet superscript are significantly different ($p < 0.05$)

the immune system response by the EBP components to the virulence factors carried by the etiologic agents present in the challenge.²³⁻²⁸ This improvement in performance of these broilers is also in agreement with data of previous reports, documenting the benefits of *Echinacea purpurea* in performance of broilers against different challenges.^{29,33}

Protection

The lower multiplication of *Eimeria* spp oocysts in birds of Treatment 2 was associated generally with lower means of lesion scores compared to birds of Treatment 3 that were similarly challenged but deprived of EBP treatment (Table 5). This is in agreement with previous workers who correlated the level of intestinal oocysts multiplication in chicken to the degree of intestinal lesions, absorption efficiency of nutrients, and weight gain.^{41,42}

Immunomodulation

Plasma Nitrite

The experimental design of this work allowed birds of Treatments 1 and 2 to receive a similar intermittent treatment by EBP in drinking water, before testing their plasma nitrite at 28 d of age. However, birds of Treatment 3 were deprived of this treatment. The EBP-administered birds of treatments 1 and 2 resulted in similar respective mean nitrite level at 28 d of age, almost double the level obtained in birds of Treatment 3, that were deprived of EBP. This Nitrite data indicate the effect of EBP on activation of phagocytes that produce the nitrite,⁴³ which could have helped in the decrease in oocysts multiplication of birds in Treatment 2 compared to that of Treatment 3.

The cessation of EBP-treatment at the age of 24 days led to decay of nitrite in the plasma at day 34 in all treatments. This decay in Nitrite level could be due to utilization of induced nitrite by the multivalent challenge. Previous literature points at the engagement of the nitrite molecule in infiltrating infectious agents within the host.^{44,45}

Cytokines

Data showed a consistent down regulation of the IL-8 transcription by EBP treatment in most intestinal organs of broilers in Treatment 2 compared to the EBP-deprived broilers of Treatment 3. This down regulation in IL-8 is most likely due to the lower injury created by the diminished replication of the oocysts in the these intestinal organs (Table 4), thus reducing the inflammatory reactions in these sites, as revealed by the reduced lower intestinal lesion scores shown in birds of Treatment 2 (Table 5).

On the contrary, the high Jejunal IL-8 transcription in birds of Treatment 2 compared to those of Treatment 3 was associated with low means of oocyst count and lesion score in the Jejunum of Treatment 2-birds compared to that in birds of Treatment 3 (Tables 4 and 5). The literature documented that chickens inoculated orally with *C perfringens* following a primary challenge with *E necatrix* had significantly increased numbers of *C perfringens* especially in the jejunum and ileum where the endogenous stages of *E necatrix* take place.⁴⁶ This documented research could explain the cause of observing a high IL-8 level in the Jejunum of birds belonging to Treatment 2. It is worth noting that gross lesions are mainly due to the injury created by the host immune response to infection and not merely by the protozoal reproduction, as documented by the literature of Williams in the year 2003.⁴⁷

The transcription of IL-6, IL-12, and IL-15, in relation to normalization by the control birds of Treatment 1, was not detectable by the q-PCR system that was applied on the IEL of the chicken intestinal organs. This reflects the cessation of transcription of the genes of these cytokines under the multivalent challenge, a phenomenon that could be related to molecules produced by the combination of etiologic agents that affect the regulation of these genes.^{48,49} The dynamics of cytokines transcription under multivalent challenges will be the subject of future investigation in the area of epigenetic

of coccidiosis/necrotic enteritis interaction.

In conclusion, the EBP-treatment was able to improve the weight gain of broilers during the incubation period of the multi-valent challenge, to have a trend in reducing the multiplication of oocysts and lesion score, and a trend in increasing the plasma nitrite, and in reducing IL-8 produced by the IEL of most intestinal organs.

Future investigations will extend the treatment by EBP through the incubation period of the challenge, attempting to sustain the plasma nitrite level, and to increase the inhibition of the oocysts multiplication and its related lesion scores in order to reach in the future into a replacement strategy of synthetic coccidiostats by natural alternatives, to meet the respective challenges of banning of drugs, while satisfying the consumers' demand for safe poultry products.

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